



## PARENT QUESTIONNAIRE

### IDENTIFYING INFORMATION:

Child's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M F Today's Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_ Phone: \_\_\_\_\_

Name of Person Completing this form: \_\_\_\_\_ Relationship to child: \_\_\_\_\_ Phone: \_\_\_\_\_

Who suggested your child be seen by a psychologist?: \_\_\_\_\_

### HISTORY: Living Arrangements

This child is currently living with (please check all that apply):

\_\_\_\_\_ Biological mother, Age: \_\_\_\_\_

\_\_\_\_\_ Biological father, Age: \_\_\_\_\_

\_\_\_\_\_ Siblings (please write name, age):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_ Adoptive parent(s), relative

Does the child know he/she is adopted? No Yes

\_\_\_\_\_ Adoptive parent(s), NON-RELATIVE

Does the child know he/she is adopted? No Yes

\_\_\_\_\_ Foster parent(s)

How long has the child been in foster care? Year \_\_\_\_\_ Month \_\_\_\_\_

How long has the child been living in your household? Year \_\_\_\_\_ Month \_\_\_\_\_

\_\_\_\_\_ Other (please specify) \_\_\_\_\_  
\_\_\_\_\_

The parents of this child are currently (please check one):

\_\_\_\_\_ Married to each other Year \_\_\_\_\_ Month \_\_\_\_\_

\_\_\_\_\_ Divorced from each other Year \_\_\_\_\_ Month \_\_\_\_\_

\_\_\_\_\_ Separated from each other Year \_\_\_\_\_ Month \_\_\_\_\_

\_\_\_\_\_ Never married to each other

\_\_\_\_\_ Other (please specify) \_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_ Don't know

How would you describe the current relationship between this child's parents (please check one):

\_\_\_\_\_ Friendly / Amicable

\_\_\_\_\_ Unfriendly / Conflict ridden

\_\_\_\_\_ No relationship

\_\_\_\_\_ Not applicable (please specify) \_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_ Don't know

Are there any immediate family members who do not live with your child (biological mother, biological father, or siblings)? No Yes

Please specify relationship to child: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are the parent(s)/Guardian(s) of this child working outside of the home? No Yes

Please specify who & where: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you have family or social support locally? No Yes

Please specify: \_\_\_\_\_

**CHIEF CONCERN(S):**

Please list the problems, questions or concerns for which you want help for your child.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Did a specific event lead you to request treatment at this time? If yes, please explain: \_\_\_\_\_  
 \_\_\_\_\_

Please describe your child's strengths:  
 \_\_\_\_\_  
 \_\_\_\_\_

Please describe your child's challenges:  
 \_\_\_\_\_  
 \_\_\_\_\_

Please write a brief history of the problems or concerns that you identified. Please begin with how old your child was when the problem(s) were first observed.  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
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 \_\_\_\_\_  
 \_\_\_\_\_

What are your goals for your child?  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**DEVELOPMENTAL: Pregnancy & Birth**

How much did your child weigh at birth? \_\_\_\_\_pounds \_\_\_\_\_ounces

Biological father's age at birth of this child: \_\_\_\_\_ Biological mother's age at birth of this child: \_\_\_\_\_

Were there any problems during the pregnancy? No Yes Please explain: \_\_\_\_\_

Were there any problems during labor/delivery of following birth? No Yes Please explain: \_\_\_\_\_

Was your child born by cesarean/c-section? No Yes If yes, circle appropriate response: \_\_\_\_\_planned \_\_\_\_\_emergency

Was your child born two or more weeks before the due date? No Yes If yes, how many weeks early was the child? \_\_\_\_\_ weeks.

Other Problems? Please describe: \_\_\_\_\_

Were any substances or medications used by the mother during pregnancy? No Yes If yes, please specify:  
 \_\_\_\_\_Beer/Wine \_\_\_\_\_Alcohol \_\_\_\_\_Prescription Medications \_\_\_\_\_Cocaine \_\_\_\_\_Tobacco  
 \_\_\_\_\_Marijuana \_\_\_\_\_Methamphetamine (Crystal/Ice) Other: \_\_\_\_\_

Were any substances or medications used by the father during pregnancy? No Yes If yes, please specify:  
 \_\_\_\_\_Beer/Wine \_\_\_\_\_Alcohol \_\_\_\_\_Prescription Medications \_\_\_\_\_Cocaine \_\_\_\_\_Tobacco  
 \_\_\_\_\_Marijuana \_\_\_\_\_Methamphetamine (Crystal/Ice) Other: \_\_\_\_\_

**DEVELOPMENTAL: Postnatal Period & Infancy**

Were there early infancy feeding problems? No Yes Please explain: \_\_\_\_\_  
 Was your child difficult to calm down? No Yes Please explain: \_\_\_\_\_  
 Was your child an irregular eater? No Yes Please explain: \_\_\_\_\_  
 Was (s)he colicky? No Yes Please explain: \_\_\_\_\_  
 Were there early infancy sleep pattern difficulties? No Yes Please explain: \_\_\_\_\_  
 Were there problems with the infant's alertness? No Yes Please explain: \_\_\_\_\_  
 Did (s)he have any health problems during infancy? No Yes Please explain: \_\_\_\_\_

Was the child an easy baby? Meaning, did (s)he cry a lot? Did (s)he follow a schedule fairly well?

Very Easy Easy Average Difficult Very Difficult

When she wanted something, how insistent was (s)he?

Very Pretty Average Not Very Not at all

How did the baby behave with other people?

More sociable than average Average socially Less sociable than average

How would you rate the activity level of the child as an infant/toddler?

Very Active Average Less active Not active

**DEVELOPMENTAL: Milestones**

At what age did (s)he sit up without help?

3-6 months 7-12 months Over 12 months Don't know

At what age did (s)he crawl?

3-6 months 7-12 months Over 12 months Don't know

At what age did (s)he walk alone without assistance?

Under 1 year 1-2 years 2-3 years Don't know

At what age did (s)he speak single words (other than "mama", "dada", "ball", etc.)?

9-13 months 14-18 months 19-24 months 25-36 months 37-48 months Don't know

At what age did (s)he string two or more words together (e.g., mama up)?

9-13 months 14-18 months 19-24 months 25-36 months 37-48 months Don't know

At what age was (s)he toilet trained (bladder control)?

Under 1 year 1-2 years 2-3 years 3-4 years Don't know

**DEVELOPMENTAL: Behavioral History**

Was your child highly active, restless & always into things? No Yes If yes, when was this first observed? \_\_\_\_\_  
 Did your child frequently shift from one thing to the next? No Yes If yes, when was this first observed? \_\_\_\_\_  
 Did they have difficulty adjusting to new situations? No Yes If yes, when was this first observed? \_\_\_\_\_  
 Were they whiny and irritable? No Yes If yes, when was this first observed? \_\_\_\_\_  
 Was your child bothered by sounds, touch, fabrics, etc.? No Yes If yes, when was this first observed? \_\_\_\_\_  
 Did they have trouble with changes in daily activities? Inflexible? No Yes If yes, when was this first observed? \_\_\_\_\_  
 Were they slow to warm up to others? No Yes If yes, when was this first observed? \_\_\_\_\_  
 Were they sociable and affectionate? No Yes If yes, when was this first observed? \_\_\_\_\_  
 Did your child have many temper tantrums? No Yes If yes, when was this first observed? \_\_\_\_\_  
 Has your child ever had tics or nervous twitches? No Yes If yes, when was this first observed? \_\_\_\_\_  
 Do you consider your child to be accident prone? No Yes If yes, when was this first observed? \_\_\_\_\_

Please identify other problem behaviors that have occurred in the past: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**DEVELOPMENTAL: Sleep History**

Does your child have any problems falling asleep? No Yes If yes, how often: \_\_\_\_\_ Age began? \_\_\_\_\_  
 Does your child have any problems staying asleep during the night? No Yes If yes, how often: \_\_\_\_\_ Age began? \_\_\_\_\_  
 Does your child have any problems getting up in the morning? No Yes If yes, how often: \_\_\_\_\_ Age began? \_\_\_\_\_  
 Does your child often have nightmares? No Yes If yes, how often: \_\_\_\_\_ Age began? \_\_\_\_\_

Does your child have night terrors? No Yes If yes, how often: \_\_\_\_\_ Age began? \_\_\_\_\_  
 Do they walk in their sleep? No Yes If yes, how often: \_\_\_\_\_ Age began? \_\_\_\_\_  
 Please identify other sleep problems that have occurred in the past: \_\_\_\_\_

**HISTORY: Medical**

How would you describe your child's health?	Very Good	Good	Fair	Poor	Very Poor
How is his/her hearing?	Good	Fair	Poor	Don't know	
How is his/her vision?	Good	Fair	Poor	Don't know	
How is his/her gross motor functioning?	Good	Fair	Poor	Don't know	
How is his/her fine motor functioning?	Good	Fair	Poor	Don't know	
How is his/her speech articulation?	Good	Fair	Poor	Don't know	
Has (s)he had any chronic health problems (e.g., asthma, diabetes, heart condition)?	No	Yes	If yes, please specify: _____		

When was the onset of any chronic illness?

	Birth	0-1 year	1-2 years	2-3 years	3-4 years	Over 4 years
Is there any suspicion of alcohol or drug abuse?	No	Yes	If yes, explain: _____			
Does your child have frequent stomachaches?	No	Yes	If yes, explain: _____			
Does your child have frequent headaches?	No	Yes	If yes, explain: _____			
Does your child have problems with his/her weight?	No	Yes	If yes, explain: _____			
Does your child have urine accidents?	No	Yes	If yes, explain: _____			
Does your child have stool/bowel accidents?	No	Yes	If yes, explain: _____			
Is your child constipated?	No	Yes	If yes, explain: _____			
Has your child had any major health problems?	No	Yes	If yes, explain: _____			
Has your child ever been hospitalized?	No	Yes	If yes, explain: _____			
Has your child ever lost consciousness or had a serious head injury?	No	Yes	If yes, explain: _____			
Has your child had seizures?	No	Yes	If yes, explain: _____			
Has your child had any difficulties with growth?	No	Yes	If yes, explain: _____			
Has your child ever been diagnosed with a genetic disorder?	No	Yes	If yes, explain: _____			
Has your child ever had surgery?	No	Yes	If yes, explain: _____			

**HISTORY: Family Medical Problems**

Does anyone in the FAMILY have any of the following:

If yes, how is this person related to this child?

Neurological Problems	No	Yes	D/K	_____
Learning or Reading difficulties	No	Yes	D/K	_____
Depression	No	Yes	D/K	_____
Bipolar Disorder/Manic Depression	No	Yes	D/K	_____
Schizophrenia	No	Yes	D/K	_____
History of physical Abuse	No	Yes	D/K	_____
History of Sexual Abuse	No	Yes	D/K	_____
Alcohol or Drug Abuse	No	Yes	D/K	_____
ADHD/ADD (attention problems)	No	Yes	D/K	_____
Tics or Tourettes disorder	No	Yes	D/K	_____
Trouble with the Law; Arrested	No	Yes	D/K	_____
Mental Retardation	No	Yes	D/K	_____
Aggressive or Violent	No	Yes	D/K	_____
Failure to Graduate from High School	No	Yes	D/K	_____
Suicide	No	Yes	D/K	_____
Anxiety Disorder/Panic Attacks	No	Yes	D/K	_____
Obsessive-Compulsive Disorder	No	Yes	D/K	_____
Seizures	No	Yes	D/K	_____
Autism, Asperger's Syndrome, PDD	No	Yes	D/K	_____
Birth Defects	No	Yes	D/K	_____
Hearing problems	No	Yes	D/K	_____
Vision problems	No	Yes	D/K	_____

Please list any other family health, developmental, learning or mental health problems you think may be important. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**HISTORY: Child's Past/Current Treatment**

Has your child ever been diagnosed with a psychological disorder? No Yes If yes, when were they diagnosed? \_\_\_\_\_  
What was their diagnosis? \_\_\_\_\_

Has your child ever received psychological counseling for any problems? No Yes  
If yes, please describe: \_\_\_\_\_  
\_\_\_\_\_

Is your child currently taking any medication? No Yes  
If yes, what medications are they currently taking: \_\_\_\_\_  
\_\_\_\_\_

Are there any professional (such as doctors, psychiatrists, social workers, occupational therapists, speech therapists, physical therapists, or alternative treatments) currently involved in this child's care? Please list them and their role in your child's care.  
\_\_\_\_\_  
\_\_\_\_\_

**HISTORY: Social**

Do you have any specific concerns about your child's social skills or their development of age-appropriate social skills? \_\_\_\_\_  
\_\_\_\_\_

How does your child get along with his/her siblings?  
Doesn't have any Better than average Average Worse than average

How easily does the child make friends?  
Easier than average Average Worse than average Don't know

On average, how long does your child keep friendships?  
Less than 6 months 6 months - 1 year More than 1 year Don't know

How many friends does your child have?  
1 2 - 3 4 - 5 6 or more

Is your child involved in any social groups (e.g., church youth group) or recreational/educational activities (e.g., soccer, ballet, piano)? No Yes  
\_\_\_\_\_  
\_\_\_\_\_

**HISTORY: Environmental History**

Have there ever been any major changes or stressors in your child's life (e.g., marital problems, a move, change of school, birth of a brother or sister, a death of a pet)?  
No Yes

If yes, please specify and include how old your child was at the time: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is this stress still occurring? No Yes

Has there been a serious illness or death in a parent or close family member of your child? No Yes

If yes, please specify and include how old your child was at the time: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Has your child experienced or seen any traumatic events (e.g., domestic violence, physical or sexual abuse)? No Yes

If yes, please specify and include how old your child was at the time: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is this trauma still occurring?                      No              Yes

Are there any major changes or stressors expected in the future? No              Yes

If Yes, please specify: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**HISTORY: Military**

Are you or another parent/guardian of your child currently in the military? No              Yes              What branch? \_\_\_\_\_

Are any of the child's parent(s)/guardian(s) active duty military? If yes, who: Mother              Father              Both              Other: \_\_\_\_\_

Are they deployed or deployable?              No              Yes              Please specify: \_\_\_\_\_

When are you/they scheduled to PCS/Move?              Date: \_\_\_\_\_

Is your child or other members of this family in the Exceptional Family Member Program (EFMP)? No              Yes

**HISTORY: School Information**

Name of school: \_\_\_\_\_ Length of time at present school: \_\_\_\_\_ Grade: \_\_\_\_\_

School district: \_\_\_\_\_ Primary teacher's name: \_\_\_\_\_ School Phone: \_\_\_\_\_

Please describe your child's strongest areas in school:              Please describe your child's greatest challenges in school:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**HISTORY: School Intervention(s):**

Has your child been in an early intervention program or special daycare/preschool?              No              Yes

Has your child had speech, occupational or physical therapy?              No              Yes

Has your child ever attended summer school?              No              Yes

    If yes, what grade(s): \_\_\_\_\_ Subject(s): \_\_\_\_\_

Has your child ever repeated a grade?              No              Yes

    If yes, what grade(s): \_\_\_\_\_

Has the school ever discussed your child repeating a grade with you?              No              Yes

    If yes, please specify: \_\_\_\_\_

Is there a possibility that the current grade of subjects will need repeating?              No              Yes

    If yes, please specify: \_\_\_\_\_

Has your child ever received special education services (e.g., 504 plan or IEP)?              No              Yes

    If yes, please specify: \_\_\_\_\_

Is your child currently receiving any special education services?              No              Yes

    If yes, please specify: \_\_\_\_\_

Have any disciplinary actions been taken (detentions, suspensions, or expulsions)?              No              Yes

    If yes, please specify: \_\_\_\_\_

Does your child need any special medical assistance?              No              Yes

    If yes, please specify: \_\_\_\_\_

**HISTORY: School Problems**

Please identify your primary concerns with your child's performance at school if any: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

For each of the following grades your child has completed, were any problems reported?

No	Yes		Academic	Behavior
		Preschool	_____	_____
		Kindergarten & 1 <sup>st</sup> grade	_____	_____
		2 <sup>nd</sup> & 3 <sup>rd</sup> grade	_____	_____
		4 <sup>th</sup> & 5 <sup>th</sup> grade	_____	_____
		6 <sup>th</sup> through 8 <sup>th</sup> grade	_____	_____
		High School	_____	_____

**CURRENT: School Performance** Please circle the appropriate number (1= Above Average; 5=Problematic)

Classroom assignment completion	1	2	3	4	5	Science	1	2	3	4	5
Homework completion	1	2	3	4	5	Written expression	1	2	3	4	5
Getting homework to and from school	1	2	3	4	5	Handwriting	1	2	3	4	5
Organizational skills	1	2	3	4	5	Social Studies/History	1	2	3	4	5
Reading	1	2	3	4	5	Art	1	2	3	4	5
Spelling	1	2	3	4	5	Other: _____	1	2	3	4	5
Mathematics	1	2	3	4	5						

What are your child's current grades? \_\_\_\_\_

Is there any additional information that you feel would be helpful in understanding your child?

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